

BAKERY

Plentyfull

DELI

TAKEAWAY  
AND  
DELIVERY MENU

Place your order by giving us a call or sending a **WhatsApp message** at **9029 8201** or by emailing [hello@plentyfulldeli.com](mailto:hello@plentyfulldeli.com)



Orders more than \$50 enjoy delivery on the house; orders less than \$50 will have a \$10 delivery charge.

## Ready To Eat Meals

### PLENTYFULL'S OG AVOCADO TOAST [VEGAN] 13.9

Our signature mashed avocado on grilled sourdough.

Add Norwegian smoked salmon +5  
Add 2 sous-vide organic eggs +2

### PLENTYFULL'S WAGYU BURGER 18.9

Created by our first intern, 150g of pure wagyu goodness hugged by melted provolone cheese and topped with bacon & onion jam. Sandwiched between a brioche bun. Served with fries & salad.

### GRILLED CHEESE TOASTIE [V] 10.9

Cheddar, mozzarella, grana padano & provolone cheese sandwiched between milk toast bread. Served with a tomato & basil sauce. No nonsense.

Add cooked ham +4

### WESTSIDE BRAISED MEATBALL SPAGHETTI 17.9

Home-made meatballs braised in tomato and cream sauce. Topped with grana padano cheese, pistachios & holy basil for an interesting kick. (Contains nuts.)

### TRUFFLE CHEESE FRIES 11.9

Truffle salt, white truffle oil and grana padano cheese on shoestring fries.

### SCRAMBLED EGGS ON TOAST [V] 8.9

3 silky scrambled organic eggs with French butter on sourdough of the day. Or you can have your eggs any way you like if scrambled is not your thing.

Add Plentyfull's mashed avocado +5  
Add Norwegian salmon +5

### HAND STACKED POTATO TOTS [V] 11.9

Fries on crack. A humble ingredient treated with the highest respect. These spuds are peeled, shaved, steamed compressed, cut & fried into cubes of crispy perfection. Served with a smoked cheese & onion dip.

### SOURDOUGH PRAWN TOAST 14.9

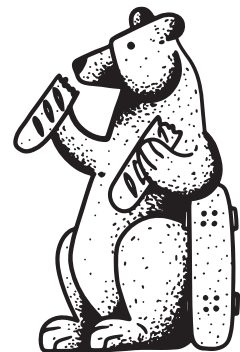
Thick and succulent. The way we like it. Crusted with sesame and served with Plentyfull's infamous sambal belachan. Can you take the heat?

### OMA'S BUBUR AYAM [GF] 12.9

Back by popular demand! Our take on the traditional Indonesian chicken porridge with Japanese Kokuho rice, organic onsen egg, chicken roulade, crispies, scallion & ginger.

### BACON & KIMCHI FRIED RICE 16.9

Our homemade kimchi, fried with bacon & Japanese Kokuho rice, topped with crispies & an organic onsen egg. Nuff' said.



# ALWAYS SUNNY

With Vegan & Gluten Free Options

# Deli Delivery

# Fresh Baked Delivery

## FRESH SALADS

ROASTED CAULIFLOWER & PEPPERS (GF/VEGAN)

TABOULI WITH QUINOA (GF/VEGAN)

ROASTED BROCCOLI & GOJI BERRY (GF/VEGAN)

BRUSSEL SPROUTS, APPLE & CRANBERRY

SEASONAL SALAD

\*\* 8 DOLLARS EACH

## SANDWICHES & PIES

PIE OF THE MOMENT 9.9

This pie has clocked in early, gone the extra mile and met all its KPI's.

MADAM SAIGON BANH MI 8.9

Pork, pickles, hoisin sauce & Asian herbs.

VEGANATOR TARTINE (VEGAN) 9.9

Magic green sauce, aubergine, tomato & zucchini.

KIMCHI BREAKFAST BURRITO 10.9

Our homemade kimchi, jalapeno, scrambled organic eggs, potato & Kurobuta pork sausage.

CORNED BEEF & JALAPENO SANDWICH 15.9

Roasted corned beef, jalapeno, grainy mustard & provolone cheese sandwiched between sourdough. Served with a side of pickles and fries.

SEASONAL CROISSANT SANDWICH 9.9

Please check with our friendly staff for details!

## BAKED SWEETS

PLENTYFULL'S BANANA BREAD

- Slice 3.5

- Loaf 19

LEMON POUND CAKE

- Slice 3.5

- Loaf 19

## BREAD

SUPERFOOD MORINGA & PUMPKIN SEED SOURDOUGH (VEGAN)  
HALF 5.9/ WHOLE 9.9

PLENTYFULL'S 7 SEED LOAF (VEGAN) HALF 6.9/ WHOLE 10.9

MATT'S SOURDOUGH (VEGAN) HALF 5.9/ WHOLE 9.9

UMAMI MISO BAGUETTE (VEGAN) 4.9

TASTY SESAME LOAF (GF/VEGAN/CONTAINS NUTS)  
HALF 6.9/ WHOLE 10.9

MILK BREAD 4.5



## GLORIOUS CROISSANTS

ROSE BEET 5.5

BASIC GLORY 4

BAKLAVA (CONTAINS NUTS) 5.5

CHOCO GLORY (CONTAINS NUTS) 4.8

HAM & CHEESE 4.8

TRUFFLE HUSTLE 4.8

.....  
: 5 CROISSANTS SET 24 [25.68 W/GST] :  
: .....

BUCKWHEAT & HAZELNUT FINANCIER 3.5  
(GF/CONTAINS NUTS)

PLENTYFULL'S CANELÉ 3.8

CRANBERRY, OATMEAL & WHITE CHOC COOKIE 2.2

CHOCOLATE CHIP & PECAN COOKIE 2.2

VALRHONA DARK CHOCOLATE SEA SALT COOKIE 2.2

GF GLUTEN FREE

V VEGETARIAN

ALL PRICES ARE SUBJECTED TO PREVAILING GST

# Beverages

## SMOOTHIES

### MAD MANGO 9

Mango, banana, yoghurt, honey & milk.

### GREEN TROPICS 9

Pineapple, spinach, ginger, moringa powder & coconut water.

### OCG 9

Orange juice, carrot, ginger, yoghurt & honey.

### SUMMER BERRIES 9

Strawberry, raspberry, blueberry, yoghurt, honey & milk.

### AVOCADO COCO 10

Avocado, spinach, yoghurt, honey & coconut water.

## MILKSHAKES

### ALPHUKAT 12

Avocado, vanilla ice-cream, milk & chocolate syrup.

### CACAO BLISS 11

Chocolate ice cream, chocolate sauce & soy milk.

### STRAWBERRY FIELDS 11

Strawberry, strawberry ice-cream, honey & soy milk.

## COFFEE

### LONG BLACK 5

### CAPPUCCINO 6

### FLAT WHITE 6

### MOCHACCINO 7

### LATTE 6

### SINGLE ESPRESSO 4

### DOUBLE ESPRESSO 6

### MACCHIATO 5

### PICCOLO 5

### ICED LATTE 7

### ICED CAPPUCCINO 7

### ICED MOCHA 7

for all hot beverages  
decaffeinated coffee +1  
add ice +1  
add espresso shot +2  
soy / almond / oat milk +1

## NON-COFFEE

### HOT CHOCOLATE 6

### ICE CHOCOLATE 7

### CHAI LATTE 7

### MATCHA LATTE 7



## REMEDY'S KOMBUCHA 7.5

### GINGER LEMON

### HIBISCUS KISS

### MANGO PASSION

### PASSIONFRUIT

### PEACH

### LEMON, LIME & BITTERS

### RASPBERRY LEMONADE

## HIC JUICES' SELECTION 7.5

### SUPERBERRY

### SUPERGREENS

### PINK CHIA

### BEETS

### ORIGINAL LEMONADE

### ACTIVATED CHARCOAL LEMONADE

## GUSTO ORGANIC 6

### REAL COLA

### SICILIAN ORANGE

### GINGER CHIPOTLE

### SICILIAN LEMON YUZU

## BOTTLED WATER 4.5

### BADOIT SPARKLING 330ML

### EVIAN WATER 330ML